

Let's Talk Menopause: Telephone Consultations



- Symptoms getting you down?
- Too embarrassed to discuss anything at work?
- Confused about symptoms and what's happening?
- Not sure where you are in the whole peri-menopause timetable?
- Not sure about HRT or other remedies?
- Want to talk to someone who knows what you are going through?
- **Arrange a telephone consultation right now - no permissions or referrals needed** - Thirty minutes of dedicated personal consultation time plus:
 - A follow-up email with recommendations from the call
 - We will send you our own **Menopause Survival Kit** containing discounts and free samples plus our Menopause Symptom List – email: enquiries@simplyhormones.com to arrange.
 - Please put 1:1 Consultation in the subject box.

MARIA: Please add the image you have if Diane Danzebrink here to match mine, with our names added and a link to Team page on SH. Thanks.

